Review for Exam 4 (Chapters 11-13, 15)

Chapter 11
1. Discuss the difference between drug misuse and drug abuse. Describe the different routes of administration of drugs and also the different types of drug interactions.

2. Describe over-the-counter drugs and discuss the most commonly misused OTC drugs.

3. What is the most commonly used illegal drug on college campuses? Describe the negative effects of this drug.

4. Describe the drugs known as opioids. Discuss the risks associated with opioid use as well as treatments for opioid addiction.

Chapter 12
1. Describe the type of alcohol found in alcoholic beverages. What is considered one drink? Discuss how a person might determine how much alcohol can be consumed safely.

2. Discuss five factors that influence how the body reacts to alcohol.

3. Discuss the impact of alcohol on the body, describing the effect on specific organs and body systems.

4. Discuss three different treatment options for alcoholics.

Chapter 13
1. Describe tobacco and its main components. Discuss how each major component affects health.

2. Discuss three health conditions associated with tobacco use and smoking.

3. Describe four forms of tobacco other than traditional cigarettes. Discuss how each one affects the body.

4. Describe five reasons why people start to smoke and continue to smoke.

5. Describe three methods for quitting smoking.

Chapter 15
1. Describe the five different types of pathogens. Give examples of diseases for each pathogen.

2. Describe the four major vectors. Give examples of diseases that may be spread through each vector.

3. Describe the two basic types of immune mechanisms and how they protect us from disease. (antibody mediated versus cell-mediated)

4. Discuss the six groups that have the highest risk for infectious disease.